



Supported Loving Workshop Notes




Date: Tuesday 30th April 2019
Time: 11.00am – 4.00pm
Venue: LGBT Foundation. 5 Richmond Street. Manchester.
M13HF



People were welcomed and invited to share their news since last time.

- 1) The Gr8 Support Movement (www.paradigm-uk.org) will be launching a discussion card resources pack at the House of Lords this week. The Gr8 Support characteristics – as created by people with learning disabilities and families include the desire for staff to be 'Supportive of MY living' – the group were given this card from the pack 
- 2) CHANGE - Shaun – Launching new project LGBTQ making accessible info – people were invited to chat with him about joining the workshop to share their views 
- 3) Brother of Charity - Becky – doing WhyBShy training with 200 self-advocates and staff in Lancashire
- 4) Lucy Meet N Match have won lottery funding – opening in Manchester and have first event in Manchester tomorrow!
- 5) Sue Sharples - Unite Group – have a meeting set up with the skills for care in May with Claire on mandatory training and CQC training on sex and relationships. CQC have now published their guidance for inspectors to consider how people are support around the sex and relationships
- 6) Tracy - Kirklees Involvement Network - awarded funding for happy healthy relationships training. People who had been abused shared their stories to make the training,

	<p>made a film and wrote a report</p> <p>7) Vicky & Christine – Set up safe soulmate dating agency in Cambridge and have had first event</p> <p>8) CMG- Have been delivering sex and relationships training / did a sex and relationship podcast with self-advocates. Reviewed sex and relationship policy</p> <p>9) Lizzie – Developed e-training for parents/carers. The ran an 8 week dating and relationships course and are co-producing a large scale event getting parents/carers together</p> <p>10) Tracy / Brad – One Conversation project in Nottingham – using this in part to talk about topics including sex and relationships</p>
	<p>Sharing action 1:</p> <p>CMG: Pornography – developing an accessible guide</p> <p>Steven (CMG and Campaign for Change (Self-advocacy group at CMG) and Michael Fullerton (CMG)</p> <p>About to release their Keeping Safe Online 'Online Pornography and illegal content' easy read guide developed in partnership with Change and Choice Support.</p> <p>They explained how people had asked for this information as it can be difficult for people to talk about.</p> <p>They asked the group a question:</p> <ol style="list-style-type: none"> 1) How do people feel about accessing porn online? <ul style="list-style-type: none"> - There is a lot of weird stuff out there - What is there can be confusing for people - Some people use porn as a way of educating themselves. This can confuse people - Some worried about the legal aspect – ending up on sites that are illegal and getting into trouble - Can confuse people about their sexuality - People can be caught up in 'chat fishing', people putting photos online and in reality, it's not actually them - One person explained that someone ended up in prison as they ended up on a site connected with

paedophiles

- Some people don't have an issue with accessing porn online. It has been hard to explain to some people
- There are subtle messages and people need the ability to filter this information
- People need support to access decent porn
- Gender equality is also an issue in porn
- If people don't have 'easy' information and support they may be forced into the 'darker' side of porn

2) Is it OK for adults with a learning disability to access porn online?

- Yes....as long as they understand and have support and education

3) What do you think might be illegal to access or download on the internet?

- Child pornography
- Sex with animals
- It is hard to tell how old people are – may not know they are a child
- If it's an illegal website can you still flag it to protect your child from the site?

4) What might be legal to download or access on the internet?

- Consensual sex

The booklet addresses the questions above.

The reality is that some judgement is required to find your way around legal porn.

NOTE: Changes to the Law: 19th July 2019 onwards you will need ID to verify your age. Vouchers will be available in shops if you want to buy them, this means you won't have to share your ID or Bank Info online.

[Link: Staying safe online](#)

Transgender – Easy read guide

- 1) What difficulties might a transgender person with learning disabilities face?
 - Bullying and people not understanding
 - People may struggle to access support



- Transition can take up to 6 years for someone with a learning disability the extra support may take even longer and this could have an impact on a person's mental health
 - People are sometimes not taken seriously. This could be families and/or staff. People think 'it's just a phase'
 - Gender specialists may have no idea how to assess the mental capacity of someone with a learning disability. All people have to have a capacity assessment as part of their transition process
- 2) What practical things might somebody need to learn when they are transitioning
- People will need support in dealing with hate crime
 - Transgender info and conversations should be included in sex education in all types of schools

[Link: Transgender Easy Read guide](#)

Sharing action 2:

The Tizard Love Project – Main findings and interactive video

Claire Bates told us about the Love Project (Tizard)
See slides:

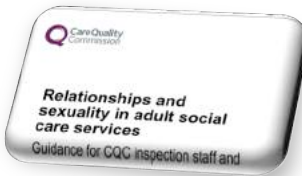
At the end of the project there will be:

- A DVD about relationships and love.
- A DVD about how to set up your own Dating Agency
- A full report and
- An easy read summary

Film: Love is a Wonderful Feeling was shown and they will be available for free once the project is complete.

Claire showed some short clips for people to discuss. There was some really energetic conversations about people's rights to love and relationship and some of the things that get in the way.

These will also be available, for free, at the end of the project.



Sharing action 3:

Aileen Beatty CQC – The new Sexuality and Relationship Summary Guidance.

Talked about how 'care plans' haven't changed enough over the years to value and support people's sexuality and right to relationships. This guidance is designed to encourage all supporters/providers to recognise that sexuality and relationships are part of life.

The guidance covers everyone who receives registered support.

As the Supported Loving Movement, we are really pleased the summary guidance has been published. We are keen to know whether the impact of the guidance will be measured.

Claire Bates will send out the guidance and see if people are aware of it. We can then pass on info to the CQC.

Link to guidance:

[Relationships-and-sexuality-in-social-care-PUBLICATION](#)



Sharing action 3:

Sue Sharples – Winston Churchill Award

Working with WhyBShy Sue has researched across the UK and beyond to see how we can better support, listen to and act on the wishes of people with a learning disability.

Told us how excited she is about being awarded funds from the Winston Churchill Memorial Trust to enable her to go on a big adventure to learn and share more!

Churchill wasn't good to people with a learning disability. In 1910 he said that people with a learning disability should be sterilised!!! BUT this is a chance to use some of his money to make a real difference to ensure people with a learning disability are heard and have their sexuality valued and their rights to sex being upheld!

The funds will support Sue to travel, meet people, share ideas and bring ideas back to the UK! One quote is 'Travel

to learn...return to inspire.'

Aim: 'Looking at ways of stopping sexual harm or people with a learning disability, particularly using education and advocacy.'

The Voice in My Suitcase: Sue talked about how she wants to travel with the voices of people with a learning disability and others from the UK. See the picture below.



Sue will be visiting about 35 people and organisations. For example see: <https://www.elevatustraining.com> and <http://www.gmsavt.org>

Write a message to our friends in America and Canada: Sue asked the group to come up with statements, thoughts or questions they would like Sue to take with her to ask the people she will meet!

